



National Nutrient Database for Standard Reference

Release 28 slightly revised May, 2016

Statistics Report 43539, Babyfood, dessert, banana yogurt, strained

Report Date: July 04, 2017 21:32 EDT

Nutrient values and weights are for edible portion.

Nutrient	Unit	Value Per 100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Proximates													
Water	g	80.70	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2005
Energy	kcal	78	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2011
Energy	kJ	328	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Protein	g	1.10	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2005
Total lipid (fat)	g	0.52	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2008
Ash	g	0.33	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2003
Carbohydrate, by difference	g	17.35	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2011
Fiber, total dietary	g	0.5	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2003
Sugars, total	g	12.20	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	06/2014
Minerals													
Calcium, Ca	mg	30	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2003
Iron, Fe	mg	0.14	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2005
Magnesium, Mg	mg	10	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2003
Phosphorus, P	mg	28	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2003
Potassium, K	mg	100	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2003

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Sodium, Na	mg	14	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2003
Zinc, Zn	mg	0.26	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2005
Copper, Cu	mg	0.020	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2003
Selenium, Se	µg	0.9	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/1997
Vitamins													
Vitamin C, total ascorbic acid	mg	13.9	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2003
Thiamin	mg	0.010	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2005
Riboflavin	mg	0.040	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2005
Niacin	mg	0.190	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2005
Vitamin B-6	mg	0.080	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2003
Folate, total	µg	7	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2005
Folic acid	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2005
Folate, food	µg	7	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2005
Folate, DFE	µg	7	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2009
Choline, total	mg	4.7	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Vitamin B-12	µg	0.13	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2005
Vitamin B-12, added	µg	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	09/2004
Vitamin A, RAE	µg	3	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2009
Retinol	µg	3	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2003
Carotene, beta	µg	4	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2003

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Carotene, alpha	µg	4	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2003
Cryptoxanthin, beta	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2003
Vitamin A, IU	IU	20	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2009
Lycopene	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2003
Lutein + zeaxanthin	µg	4	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2003
Vitamin E (alpha-tocopherol)	mg	0.02	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2005
Vitamin E, added	mg	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	09/2004
Vitamin D (D2 + D3)	µg	0.0	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2009
Vitamin D3 (cholecalciferol)	µg	0.0	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2009
Vitamin D	IU	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2009
Vitamin K (phylloquinone)	µg	0.1	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2003
Lipids													
Fatty acids, total saturated	g	0.370	--	--	--	--	--	--	--	--	Value manufacturer based label claim for added nutrients	--	03/2005
4:0	g	0.120	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2005
6:0	g	0.008	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2005
8:0	g	0.005	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2005
10:0	g	0.010	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2005
12:0	g	0.013	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2005

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14:0	g	0.041	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2005
16:0	g	0.134	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2005
18:0	g	0.039	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2005
Fatty acids, total monounsaturated	g	0.120	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2005
16:1 undifferentiated	g	0.010	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2005
18:1 undifferentiated	g	0.093	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2005
20:1	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2005
22:1 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2005
Fatty acids, total polyunsaturated	g	0.030	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2005
18:2 undifferentiated	g	0.021	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2005
18:3 undifferentiated	g	0.010	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2005
18:4	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2005
20:4 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2005
20:5 n-3 (EPA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2005
22:5 n-3 (DPA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2005
22:6 n-3 (DHA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2005
Cholesterol	mg	1	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2005
Other													
Alcohol, ethyl	g	0.0	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2005
Caffeine	mg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2003

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Theobromine	mg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2003